



**SHORT BREAKS
AND FUN
ACTIVITIES**

**A directory for
children and young people
with
disabilities and special
educational needs**



This directory lists in detail short breaks and fun activities currently available to children and young people aged 0-18 in Leeds. The directory is accompanied by a guide, which explains more about the different kinds of short breaks and fun activities available and how to access them.

Services for everyone including children and young people with additional needs (“Universal” services)

Here is a list of services for all children and young people, including those with additional needs. Please see the [Family Information Service](#) website for further services and information on childcare such as playschemes, children’s centres and pre-schools.

If the activity organiser feels they need help with inclusivity, please contact Scope (details below). Scope is a universal plus service which aims to encourage and support access to universal activities. They supply advice, support and grants to providers and work in partnership with Leeds Play Network – Play Partners to make sure that access to universal activities is a real possibility.

For help from Scope or Play Partners please contact 0113 8870550 or email leeds@scope.org.uk

Age	0-5 years	Primary Age	Secondary Age+
Services	Family Information Service Children’s Centres Private Nurseries, pre-schools, child mind-ers Third sector voluntary and faith groups To find out more visit:	School or extended services activities e.g. out of school clubs, playschemes To find out more visit: www.familyinformation.leeds.gov.uk Uniformed groups, e.g. Brownies, Cubs, Scouts, Guides, etc. See local area for details Leisure or sports centres classes To find out more visit: www.leeds.gov.uk/leisurecentresall or http://mpec.suretracksolutions.co.uk/ Arts activities - theatre, dance, music To find out more visit: www.leeds.gov.uk/musicandart or www.leeds.gov.uk/leedsmuseumsandgalleries or www.operanorth.co.uk or www.breeze.org.uk	As primary age; and also youth services - details available on the Breeze website. Please visit: www.breezeleeds.org



Short breaks and activities that meet specific needs (“Targeted” services)

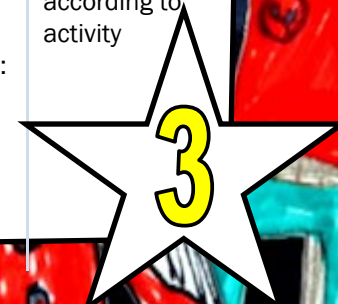
All targeted services can be accessed using the single targeted short break referral form at: www.leeds.gov.uk/residents/Pages/Short-break-offer.aspx.

Please note this form will only need to be completed once and can be forwarded to other services.

Service	Target group	What the service offers	Cost of the service	Session Time(s)
Aireborough Supported Activities Scheme – Residential Short Breaks Contact: Jo Galasso email: jo.galasso@aireborough-scheme.co.uk tel: 07764432933 website: www.aireborough-scheme.co.uk	Age range: 8 - 18	Residential Overnight Short Breaks to outdoor pursuits centres.	£80/child for a 2 night break. £200/child for a 5 night break.	Various Week-ends. Friday 4.30pm to Sunday 1.30pm.
Aireborough Supported Activities Scheme – Holiday Playschemes Contact: Jo Galasso email: jo.galasso@aireborough-scheme.co.uk tel: 07764432933 website: www.aireborough-scheme.co.uk	Age range: 5 - 19	Play schemes for children with moderate to severe learning and or physical disabilities at Easter, Summer and a Christmas Activity Day.	£15/child/day	School Holidays (10am - 3pm)
BID Contact: Christina Jessop email: Christina.jessop@bid.org.uk Jorja.LeGallienne@bid.org.uk tel: 07702 939170 minicom: 0121 246 6101	For deaf and hearing impaired children and young people. Age range 8 - 18	Provide Youth Club activities such as craft, bowling, trampoline/free jumping.		Monday evenings 6 - 8pm (TTO)



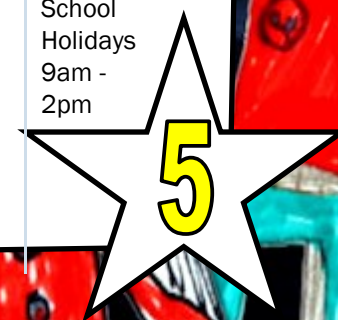
Service	Target group	What the service offers	Cost of the service	Session Time(s)
Broomfield Activity Scheme Contact: Sharon Crowther email: sha-ron.crowther@broomfieldschool.org.uk tel: 0113 2771603 website: www.broomfieldschool.org.uk	Age range: 3 - 19	Holiday Activity schemes based at Broomfield SILC Leeds during Easter, Summer and October.	£19 per day	9.30am – 3pm
East SILC Playscheme Contact: Marianne Tharby email: marianne.tharby@eastsilc.org tel: 0113 2930236	Age range: 11 - 18	Holiday Activity schemes based at East SILC Leeds	£75 per week	10am – 3pm
Herd Farm Residential activity Weekends Contact: Tony Edwards email: tony.edwards@leeds.gov.uk tel: 0113 378 3088 website: www.herdfarm.co.uk	Age range: 10 - 17	Weekend outdoor education and residential experiences.	£75 per weekend	Weekends Friday 4pm – Sunday 4pm
Leeds Mencap Contact: Gemma Airey email: gem-ma.airey@leedsmencap.org.uk tel: 0113 235 1331 website: www.leedsmencap.org.uk	Age range: 4 - 18	We offer school holiday playschemes, junior youth clubs (9-14 and 14-18) and Me2 (an inclusive dance group for 11-25's).	Playschemes: £17.50 per day Junior Youth Clubs: £4 per session Me2 Dance: £50 per term	Varies according to activity



Service	Target group	What the service offers	Cost of the service	Session Time(s)
LWCA -Music Mondays contact: Angela Roberts email: angela.roberts@lwca.co.uk tel: 0113 216 5133 Website: www.lwca.co.uk	Age range: 11 - 18	Provides young people with the opportunity to make and perform music. Located at South Leeds Youth Hub.	£5	Monday nights 6.30 - 8.30pm (TTO)
LWCA –Weekenders Club contact: Angela Roberts email: angela.roberts@lwca.co.uk tel: 0113 216 5133 website: www.lwca.co.uk	Age range: 5 - 18	A disability weekend play scheme	£18 per session	Weekends 10am – 4:30pm
LWCA – Out and About Club contact: Angela Roberts email: angela.roberts@lwca.co.uk tel: 0113 216 5133 website: www.lwca.co.uk	Age range: 11 - 18	Opportunities to meet up with their peers for social / leisure activities of their choosing within the community. Trips range from eating out, bowling and picnics in the park to theatre trips, cinema, theme parks and discos.	Varies according to activity.	2.5 hrs to 3 hours in the evenings Full/part days in school holidays
PE Partners – School Holiday Clubs contact: Gareth Stoker email: g.stoker@pepartner.co.uk tel: 01133226115 website: www.schoolholidayclubs.co.uk	Age range: 11 - 18	Sports and Dance activities.	£14 per day	9am - 3:30pm



Service	Target group	What the service offers	Cost of the service	Session Time(s)
People Matters – Social Groups contact: Sally Jude email: in-fo@peoplemattersleeds.co.uk tel: 0113 2346896 website: www.peoplemattersleeds.co.uk	Age range: 11 - 18	A social group for young people to meet with peers, join in fun activities, learn new skills and hang out. Based at The Vale Circles Tunstall Road, just off Dewsbury Road, Leeds.	£7.50 per session	Saturdays 1pm – 5pm
Phoenix Dance—Illuminate Dance Contact: Sophie Wyatt email: so-phie.wyatt@phoenixdancetheatre.co.uk tel: 0113 236 8130 website: http://www.phoenixdancetheatre.co.uk/access/illuminate-dance/	Age range: 6 - 18	Creative Dance Classes. It is ideal for those passionate about dance or looking to try something new and gives young people the chance to make new friends, learn new skills and perform. It also aims to improve participants' dance technique, as well as their health and fitness – whilst also developing social and communication skills in a supportive and creative environment.	£25 per term or £2.50 per session	Saturdays: 8-12 years (South Leeds) – 12:30-1:30pm 6-10 years (Quarry Hill) – 2:30-3:30pm 11-18 years (Quarry Hill) – 4:00-5:00pm
Sport Works – Multi-sport sessions Contact: Simon Leonard email: simon@sportworksltd.co.uk tel: 0113 236 8130 website: www.sportworksltd.co.uk		Our sport based sessions offer fun, friendships and fitness for children and young people with additional needs. We focus on positive health and social outcomes in a safe environment, delivered by an experienced team.	£12 per session	Weekends & School Holidays 10am – 3pm
Springwell Academy - Playschemes Contact: Shona Crichton email: sho-na.crichton@springwellacademyleeds.org tel: 0113 4673910	Age range: 5 - 15	School Holiday Playscheme.	£15 per day	School Holidays 9am - 2pm



Service	Target group	What the service offers	Cost of the service	Session Time(s)
<p>Sunshine and Smiles – Leeds Down Syndrome Network</p> <p>email: hello@sunshineandsmiles.org.uk Tel: 07902054355, 07725041601 or 0113 2264857</p> <p>website: www.sunshineandsmiles.org.uk</p>	<p>Children and young people who have Down syndrome.</p> <p>Age range: 0 - 18</p>	<p>A fortnightly Monday group for children aged 0 - 3 years. A fortnightly Saturday group for children aged 2 - 5 years. A monthly Thursday evening social group for young people aged 9 and over. A monthly Sunday football session for children aged 4 - 9 years. A monthly Saturday group 12.30pm - 2.30pm for children aged 4 - 9 years. Quarterly Saturday family sessions for all ages. Trips and activities in the school holidays. Fortnightly swimming sessions for all ages at Bramley Baths. Saturdays from 2.45pm - 4.45pm</p>	<p>Varies according to activity.</p>	<p>Varies according to activity.</p>
<p>The Works Skatepark Charity</p> <p>contact: Tosh Wilson</p> <p>email: info@theworksskatepark.com tel: 0113 2446015</p> <p>website: www.theworksskatepark.com</p>	<p>Age range: 3 - 18</p>	<p>Scooter/Skateboard/BMX experience.</p>	<p>£3 per session</p>	<p>Weekends 9am - 10am</p>
<p>West Leeds Activity Centre</p> <p>contact: Shaun Watson</p> <p>email: Westleedsactivitycentre@leeds.gov.uk tel: 07891278003</p> <p>website: www.leeds.gov.uk/residents/Pages/West-Leeds-activity-centre.aspx</p>	<p>Age range: 10 - 20</p>	<p>A large choice of outdoor, horticultural and environmental experiences in what is a motivational and often therapeutic environment.</p>	<p>£6 per session</p>	<p>Thursdays 6 - 8pm</p>
<p>West Oaks Summer Playscheme</p> <p>contact: Anna Stevens</p> <p>email: anna.stevens@westoaksschool.co.uk tel: 01937 844772</p> <p>website: www.westoaksschool.co.uk</p>	<p>Age range: 4 - 19</p>	<p>Summer Holiday Playscheme.</p>	<p>£20 per day</p>	<p>9:30am - 3pm</p>



Service	Target group	What the service offers	Cost of the service	Session Time(s)
West SiILC - Playschemes contact: Christine Raby email: christine.raby@westsilc.org tel: 0113 3862450	Age range: 5 - 19	Summer Holiday Playscheme.	£15 per day	9:30am - 2:30pm



**Please turn over to find the 2017/18 Targeted School
Holiday Playscheme Schedule**



2017/18 Targeted School Holiday Playscheme Schedule

	Easter		Summer Mid-term	Summer			
	3rd - 7th April	10th - 14th April	29th May - 2nd June	24th - 28th July	31st July - 4th August	7th - 11th August	14th - 18th August
ENE	Mencap - Richmond Hill (3rd - 7th)	Sport Works (11th & 13th Only)	Phoenix Dance (31st - 2nd)		Phoenix Dance	Mencap (7th - 11th)	Mencap (14th - 18th)
	Sport Works (4th & 6th Only)				East SILC		
South	Broomfield (3rd - 7th)		PE Partners (30th - 2nd)		Broomfield (31st - 4th)	Broomfield (7th - 11th)	PE Partners (14th - 18th)
					PE Partners (31st - 4th)	PE Partners (7th - 11th)	
WNW		ASAS (10th - 13th)	Sport Works (30th & 1st Only)	ASAS (24th - 28th)	ASAS (31st - 4th)	ASAS (7th - 11th)	Springwell Academy
					West Oaks (31st - 4th)		
				West Oaks (24th - 28th July)	Sport Works (1st & 3rd Only)	Sport Works (8th & 10th Only)	Sport Works (15th & 17th Only)
					West SILC (1st - 3rd)	West SILC (8th - 10th)	West SILC (15th - 18th)

2017/18 Targeted School Holiday Playscheme Schedule

	Summer		Autumn Mid-term	Christmas			Spring Mid-term
	21st - 25th August	28th August - 1st September	23rd - 27th October	18th - 22nd December	25th - 29th December	1st - 5th January	12th - 16th February
ENE	Mencap (21st - 25th)						Phoenix Dance (12th - 16th)
South	PE Partners (21st - 25th)	PE Partners (29th - 1st)	Broomfield (23rd - 25th)				
WNW	Springwell Academy	Springwell Academy	Sport Works (24th & 26th Only)	Sport Works (19th & 21st Only)			Sport Works (13th & 15th Only)
	Sport Works (22nd & 24th Only)	Sport Works (29th & 31st Only)					

Specialist short break services for children and young people with very complex needs

All specialist services can be accessed via the referral routes mentioned below. There is NO cost to families when accessing these services.

Service	Target group	Referral route/access	What the service offers
Rainbow House	Age range 6 - 18	Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment.	Planned overnight short breaks.
Direct Payments	Age range: 0 - 18	Referral to RADAR panel by a professional having identified need through a Child and Family assessment.	Payments for personalised packages of support.
Individual Support Workers (ISW's)	Age range: 0 - 18	Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment.	Individually tailored packages of support.
Fostering Complex Needs Short Breaks, Leeds City Council tel: 0113 247 8934	Age range: 0 - 18	Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment.	Short breaks for children in the homes of trained and approved carer families.
Health Short Breaks tel: 0113 272 8644	CYP with complex health needs. Age range: 0 - 18	Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment.	Short breaks for children and young people with complex health needs.
Children's Continuing Healthcare tel: 0113 272 8644	CYP with complex health needs. Age range: 0 - 18	Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment.	High dependency intensive home based nursing provision.
Hannah House tel: 0113 282 9173 email: joanne.dodd@nhs.net	CYP with complex health needs. Age range: 0 - 18	Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment.	Planned overnight short breaks.
Martin House tel: 0193 784 5045 email: admin@martinhouse.org.uk	CYP with complex health needs. Age range: 0 - 18	Direct referral to Martin House.	Individually tailored packages of support.



10



we are
child
friendly
Leeds

we are