

# Personal, Social and Health Education (PSHE)

At Whinmoor St Paul's C of E Primary School we aim to create a happy, purposeful and supportive environment where children are enabled to become successful learners, develop their full potential and achieve the highest educational and personal standards they can. Our school values reflect a passionate commitment to learning and recognition of the uniqueness of individual learners. It is driven by our desire to offer the best possible holistic education for our children in partnership with families, the Church and the local community.

An individual's physical, mental and social attributes affect all aspects of their lives, both as a child and as an adult. At Whinmoor St Paul's we believe that the personal, social and health education (PSHE) of our children underpins all their learning and is central in preparing our children so that they are afforded the greatest opportunity to reach their full potential and become productive and caring citizens, living in today's ever changing and culturally diverse society.

Our PSHE programme 'You, Me and PSHE' helps children to develop the knowledge, understanding, skills and attitudes they need to live confident, healthy, independent lives now and in the future as individuals, parents/carers, workers and members of society. Planning for PSHE covers emotional health and well-being, financial awareness, sex and relationship education, drug, tobacco and alcohol education, bullying (including homophobic, biphobic and transphobic) and citizenship at a level appropriate to children's age. We keep parents and carers informed of the approach we take to this, and the material covered in these sessions. We aim to keep lines of communication open and create a safe environment where questions can be asked and any further support or information can be received.

WHINMOOR



ST. PAUL'S  
C of E Primary School

