




Year 6 - PSHE

Autumn 1	Spring 1	Summer 1
<p data-bbox="225 422 923 506">Mental health and emotional wellbeing: Healthy minds</p> <p data-bbox="157 558 388 596">Pupils learn:</p> <ul data-bbox="157 611 961 957" style="list-style-type: none"> • what mental health is • about what can affect mental health and some ways of dealing with this • about some everyday ways to look after mental health about the stigma and discrimination that can surround mental health 	<p data-bbox="1151 422 1733 506">Keeping safe and managing risk: Keeping safe - out and about</p> <p data-bbox="1026 552 1258 590">Pupils learn:</p> <ul data-bbox="1026 611 1852 873" style="list-style-type: none"> • about feelings of being out and about in the local area with increasing independence • about recognising and responding to peer pressure • about the consequences of anti-social behaviour (including gangs and gang related behaviour) <p data-bbox="1026 898 1110 936">FGM</p> <p data-bbox="1026 957 1258 995">Pupils learn:</p> <ul data-bbox="1026 1010 1792 1094" style="list-style-type: none"> • about the importance for girls to be protected against FGM 	<p data-bbox="1976 422 2644 506">Drug, alcohol and tobacco education: Weighing up risk</p> <p data-bbox="1893 552 2125 590">Pupils learn:</p> <ul data-bbox="1893 611 2712 873" style="list-style-type: none"> • about the risks associated with using different drugs, including tobacco and nicotine products, alcohol, solvents, medicines and other legal and illegal drugs • about assessing the level of risk in different situations involving drug use <p data-bbox="1893 894 2712 978">about ways to manage risk in situations involving drug use</p> 
Autumn 2	Spring 2	Summer 2
<p data-bbox="314 1430 834 1514">Identity, society and equality: Human rights</p> <p data-bbox="157 1556 388 1593">Pupils learn:</p> <ul data-bbox="157 1608 961 1892" style="list-style-type: none"> • about people who have moved to Islington from other places, (including the experience of refugees) • about human rights and the UN Convention on the Rights of the Child • about homelessness 	<p data-bbox="1056 1430 1822 1514">Sex and relationship education: Healthy relationships / How a baby is made</p> <p data-bbox="1026 1514 1258 1551">Pupils learn:</p> <ul data-bbox="1026 1566 1852 1881" style="list-style-type: none"> • about the changes that occur during puberty • to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact • what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships 	<p data-bbox="2228 1430 2415 1467">Transition</p>

- about human reproduction in the context of the human lifecycle
 - how a baby is made and grows (conception and pregnancy)
 - about roles and responsibilities of carers and parents
 - to answer each other's questions about sex and relationships with confidence, where to find support and advice when they need it
- Additional lessons:** (schools will want to consider including these lessons, as part of SRE policy development)
- some myths and misconceptions about HIV, who it affects and how it is transmitted
 - about how the risk of HIV can be reduced
 - that contraception can be used to stop a baby from being conceived



The red flag demarcates where lessons link directly to safeguarding