

PE Long Term 2024 - 2025

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	Body Management Unit 1	Speed, Agility and Travel Unit 1	Dance	Gymnastics	Speed, Agility and Travel Unit 2	Manipulation and Coordination Unit 2
	Manipulation and Coordination Unit 1	Body Management Unit 2	Commando Joe	Commando Joe	Cooperate and Solve Problems Unit 1	Cooperate and Solve Problems Unit 2
Year 1	Run, Jump Throw Unit 1	Attack, Defend and Shoot Unit 1	Hit, Catch and Run Unit 1	Send and Return Unit 1	Run, Jump and Throw Unit 2	Send and Return Unit 2
	Commando Joe	Commando Joe	Dance Unit 1	Dance Unit 2	Commando Joe	Commando Joe

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	Attack, Defend and Shoot Unit 1	Hit, Catch and Run Unit 1	Run, Jump and Throw Unit 1	Send and Return Unit 1	Attack, Defend and Shoot Unit 2	Outdoor Adventurous Activity
	Gymnastics Unit 1	Commando Joe	Commando Joe	Commando Joe	Commando Joe	Gymnastics Unit 2
Year 3	Football	Basketball	Tag Rugby	Tennis	Rounders	Athletics
	Dance Unit 1	Dance Unit 2	Commando Joe	Commando Joe	Commando Joe	Wellbeing
Year 4	Swimming				Cricket	Athletics
	Badminton	Gymnastics Unit 1	Commando Joe	Commando Joe	Commando Joe	Commando Joe

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Netball	Tag Rugby	Handball	Outdoor Adventurous Activity	Hockey	Athletics
	Commando Joe	Commando Joe	Commando Joe	Commando Joe	Badminton	Dance Unit 1
Year 6	Cross Country	Basketball	Football	Outdoor Adventurous Activity	Athletics	Distanced PE
	Gymnastics	Dance Unit 1	Commando Joe	Commando Joe	Commando Joe	Commando Joe