

# Scope Sleep Right Leeds

## Sleep Surgeries

### Introduction

Scope's Sleep Right programme is a free, one to one advice service that aims to improve the sleep of children with additional needs/a disability.

We have been given one off funding for a year from Leeds Clinical Commissioning Group to look at ways of reducing the waiting list for the service.

We have recruited additional practitioners and alongside this we have agree to pilot one to one surgery appointments for professionals supporting families of children with additional needs and sleep issues.

We are starting by offering 2 surgeries in September 2022 – if demand is high, and this is seen as a successful intervention we hope to deliver these on a regular basis.

### Our Expectations of You

As this is a pilot project your feedback is very important to us, and we ask that you complete 2 feedback surveys as a part of the service – one immediately following the appointment and one a few weeks later to help us measure impact of the intervention.

### Criteria for booking an appointment

- The child you are working with needs to be aged 4 – 18 years of age
- They must have a diagnosed additional need or disability or be on the pathway to diagnosis or awaiting assessment.
- The family must be living in Leeds or pay their council tax to Leeds City Council

### Please note

We cannot advise, review, or prescribe medication for sleep.

### For more information

Please email: [Sleepright.leeds@scope.org.uk](mailto:Sleepright.leeds@scope.org.uk)