

PE Long Term 2026 - 2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Play, move, explore	Move, match, magic	Explore, evade, escape	Search, steal, share	Crawl, climb, collect	Hands, feet, equipment
	Play, move, explore Commando Joes Resilience Izzy Gizmo	Move, match, magic Commando Joes Empathy The Smeds and The Smoos	Explore, evade, escape Commando Joes Self Awareness Burglar Bill	Search, steal, share Commando Joes Positivity Zog	Crawl, climb, collect Commando Joes Excellence Lost and Found	Hands, feet, equipment Commando Joes Communication What the Ladybird Heard
Year 1	Agility, balance, coordination	Throw, prepare, catch	Jump, shape, create	Duel, win, lose	Run, jump, throw	Target, control, combine
	Look, run, avoid	Hands, feet, equipment	Fair, share, dare	Inspire, create, perform	React, roll, retrieve	Send, receive, return
Year 2	Agility, balance, coordination	Throw, prepare, catch	Jump, shape, create	Duel, win, lose	Run, jump, throw	Target, control, combine
	Look, run, avoid	Hands, feet, equipment	Fair, share, dare	Inspire, create, perform	React, roll, retrieve	Send, receive, return

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Hands, feet, equipment	Strike, react, rally	Agility, balance, coordination	Run, jump, throw	Duel, win, lose	Jump, shape, create
	Inspire, create, perform	Look, run, avoid	React, roll, retrieve	Fair, share, dare	Pass, position, patience	Accuracy, power, distance
Year 4	Swimming				React, roll, retrieve	Run, jump, throw
	Hands, feet, equipment	Inspire, create, perform	Strike, react, rally	Look, run, avoid	Throw, prepare, catch	Fair, share, dare
Year 5	Fair, share, dare	Inspire, create, perform	Lend, move, score	Symmetry, balance, travel	Aim, strike, retrieve	Run, jump, throw
	Evade, invade, capture	Block, guard, support	Watch, move, connect	Explore, solve, challenge	Serve, set, slam	Speed, distance, strength
Year 6	Evade, invade, capture	Inspire, create, perform	Symmetry, balance, travel	Lend, move, score	Speed, distance, strength	Aim, strike, retrieve
	Tag Rugby	Gaelic Football	Handball	Basketball	Cricket	Rounders